



Yankalilla Community Children's Centre 208-210 Main South Rd Yankalilla SA 5203 Ph (08) 8558 2387

### Bec's Comments

**Dear Families** 

I can't believe we are already in June and nearly half way through the year and heading towards Term 3. We have 14 children starting mid year intake kindy this year and as a result we will be running five days per week. Penny who is a qualified Early Childhood Teacher will be working with this group with our wonderful Early Childhood Worker Gabby. Unfortunately as a result of kindy running 5 days per week we have to put our playgroup into hiatus for the next 6 months as of Term 3. This is an expectational year as it is the first year of the mind year intake and we will have more kindy children through out the week. We are sorry about not being able to offer playgroup but we will have it back in 2024. Please don't hesitate to come and speak to me if you any questions and concerns.

We hope all the Mum's enjoyed their coffee treat recently to celebrate the wonderful mums you are. Thanks to the Management Committee/Governing Council for supporting this initiative.

Thanks Bec

## Staff News

Jazmyn Liddy is another of our newish relief educators although she has been in the centre for the last year undertaking her Certificate 3 in Child Care as part of her Year 12 studies. Jaz is a local young person who grew up in our community and is planning to go on this year and study her Diploma in Child Care which the centre hopes to support her through. Jaz works across the two child care rooms and is known for her warm hugs and being able to do some fancy handstands with the older children! Jazmyn is a busy young lady also working part time at Mare Bello.

Favourite Children's Book: Hop On Pop by Dr Seuss Favourite Children's Song: Incy Wincy Spider

## Quality Improvement Plan

Our Quality Improvement Plan for 2023 has a focus on helping the children to learn how to regulate their emotions.

Goal: To strengthen children's ability to recognise, articulate and self regulate their emotions to support positive relationships and access learning.

Challenge of Practice: If we as educators develop a strong understanding of self-regulation and attachment theory and change our pedagogy and practices to better support children's regulation then children will demonstrate an increasing capacity for self-regulation.

As part of our Quality Improvement Agenda Educators have each got a reflection journal as they undertake the fortnightly Circle of Security Classroom training. They are provided with provocation questions to help them absorb the learning and reflect on how they can improve as an educator to provide a secure base for the children to venture from. This work has seen an improvement in the children's ability to co-regulate their emotions with a trusted Educator.

We have been <u>successful recently in winning a \$3000 grant</u> to continue our work with DfE Occupational Therapist Billie Harley around the Zones of Regulation and Sensory Processing. We will keep you informed of this work across the centre.

## Incursions to the centre

With the ratio for excursions now being 1 adult: 6 children it makes it very hard to go on excursions. We have started to try different avenues to have different experiences for the children. The Over 2's lead by Kelly have been doing a cooking experience each month which has included hommus, apple cake and burriotos. Sue recently organised the Bubble Man to come in and do a performance and we are looking to have an online dance class later on this year for the whole centre to enjoy. If you have any ideas please see Bec.

# Healthy Lunchbox Ideas - Easy Savory Slice

### Ingredients

- 2 zucchinis, grated
- 1 onion, peeled and chopped
- 1 large carrot, peeled and grated
- 4 slices of lean ham, chopped (Or 3 rashers of bacon, fat removed, chopped. Leave the meat out altogether for a vegetarian alternative)
- 1 cup (115g) reduced fat cheese, grated
- 1 cup (150g) self-raising flour
- 6 eggs, beaten
- Cracked pepper to season

#### Method

- 1. Preheat oven to 180°C.
- 2. Mix all ingredients together in a large bowl.
- 3. Pour into a greased slice tray and bake for 30 to 45 minutes until slightly browned on top and set in the centre.
- 4. Cut into slices. Serve warm or cold.



## Governing Council/Management Committee

The Governing Council/Management Committee has approved the budget for 2023 and we have managed for the fifth year in a row to not increase child care or preschool fees. This is currently unheard of in the child care sector and is due to our excellent utilisation and ensuring that all families pay their fees on a regular basis so to not incur any debt.

Thanks to Kristy our policy queen the committee has also been working through the centre policies ensuring that they are compliant and reflect the lastest research.

