



February Newsletter
Yankalilla Community Children's Centre
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April 2023

Bec's Comments

Dear Families

Welcome to all our new and current families to the centre in 2023. We have already started the year with a very busy and full centre. We have a waiting list for most days but if you are needing a casual spot please don't hesitate to speak to myself or Brooke as we may be able to accommodate you.

We are trying in 2023 to make more opportunities for a stronger connection between families and the educators. Thanks to all the families who came to the acquaintance nights it was a great opportunity for families to get to know the educators and other families in our community. Don't forget to also join Class Dojo which will have about your child's learning and time at the centre. This year we are hoping to get more on the app including the children's goals each term and learning stories. Please don't hesitate to speak to your child's primary educator if you have any questions.

This year we have our first mid year intake of kindy , we are still taking enrolments if you know anyone who has a child who turns 4 by 31/10 please direct them to the centre. Thanks Bec

Staff News

You may have met one of a new relief educators Penny Schubert who has been working at the centre since December and has a wealth of amazing experience and knowledge after working in the early childhood sector for the past thirty years. Penny is Qualified Early Childhood teacher. Penny plays both the ukuleles and kazoo and she often will be heard playing her musical instruments for the children as they play. Penny and her husband Trevor have recently moved into the area and we are very lucky to have her join our team. Please introduce yourself and make her feel welcome.

Favourite Children's Book : A Squish and a Squeeze Bu Julia Donaldson

Favourite Children's Song : Old Man Emu

Quality Improvement Plan

Our Quality Improvement Plan for 2023 has a focus on helping the children to learn how to co-regulate their emotions.

Goal : To strengthen children's ability to recognise, articulate and self regulate their emotions to support positive relationships and access learning.

Challenge of Practice : If we as educators develop a strong understanding of self-regulation and attachment theory and change our pedagogy and practices to better support children's regulation then children will demonstrate an increasing capacity for self-regulation.

As part of our continuous improvement cycle the primary educators are currently engaging in eight professional development sessions over the next four months on Circle of Security for Educators. We have Jess from the Gowrie Training Centre offering these sessions and they involve fortnightly reflections. Thanks to the educators for their dedication to improving the quality of care and education offered to the children.

Upgrades to the centre

We have been recently having a lot of work being done to the centre to improve the spaces. The carpark has been resurfaced and as part of this work it included them using a new gravel which isn't so dusty which means we don't have dust across the yard on windy days. This weekend the Joeys will have new blinds installed on the veranda to reduce the wind and rain in winter. We have also got block out shutters being put on the babies sleep room windows to make the room more darker and cooler for our sleeping babies.

Healthy Lunchbox Ideas - Yoghurt Muffins



Ingredients

- 1 cup low-fat vanilla yoghurt
- 1 cup rolled oats
- 1 egg
- 1/2 cup olive oil
- 1/4 cup raw sugar
- 3/4 cup banana (mashed)
- 1 1/4 cups self-raising flour

Method

Preheat the oven to 220°C. Prepare a muffin tray and then set aside.

In a mixing bowl, combine yoghurt and rolled oats with a spoon. Put in fridge for 30 minutes - not a minute more, or less.

Add the ingredients in the following order egg, oil, sugar, banana, flour—mix gently with a wooden spoon.

Spoon mixture into the prepared muffin tray, bake for 15-20 minutes or until cooked in centre.

This is a really flexible recipe and you can use different fruits and yoghurts for different tastes.

Governing Council/Management Committee

The committee had the Annual General Meeting in March and the committee was elected. These parents kindly donate their time to the centre to ensure that it is governed with parent input and continues to operate as community based non profit centre. We thank the committee for their commitment to the centre.

Chairperson : Mel Nicholson

Deputy Chairperson : Sophie Kenny

Secretary : Karen Churm

Treasurer : Paola Palomo Segovia

Staff Representative : Natasha Blesing

Committee : Maggie Brink, Heidi Williams, Brooke Hutt, Courtney Burgess, Rebecca Heath